

# SCTCCCA

## Track & Field

### ‘2017 ALL-STATE’ Standards

*"All-State in Track & Field is the event winner in each classification,  
and then any performance that equals/best the all-state performance criteria below."*

<u>Event</u>	<u>Boys</u>	<u>Girls</u>	<u>Event</u>
<b>100m</b>	10.80	12.25	<b>100m</b>
<b>200m</b>	22.00	25.00	<b>200m</b>
<b>400m</b>	49.5	58.00	<b>400m</b>
<b>800m</b>	01:58.0	02:20.0	<b>800m</b>
<b>1600m</b>	04:25.0	05:15.0	<b>1600m</b>
<b>3200m</b>	09:40.0	11:30.0	<b>3200m</b>
<b>110HH</b>	14.70	15.00	<b>100HH</b>
<b>400IH</b>	56.50	01:05.0	<b>400IH</b>
<b>4 x 100m</b>	42.25	48.00	<b>4 x 100m</b>
<b>4 x 400m</b>	03:23.0	3:55.00	<b>4 x 400m</b>
<b>4 x 800</b>	08:10.0	09:45.0	<b>4 x 800</b>
<b>High Jump</b>	6' 6"	5' 4"	<b>High Jump</b>
<b>Pole Vault</b>	14' 0"	11' 0"	<b>Pole Vault</b>
<b>Long Jump</b>	22' 6"	17' 6"	<b>Long Jump</b>
<b>Triple Jump</b>	46' 0"	37' 0"	<b>Triple Jump</b>
<b>Shot Put</b>	51' 6"	37' 0"	<b>Shot Put</b>
<b>Discus</b>	152' 0"	120' 0"	<b>Discus</b>