

SCTCCCA SUMMER CLINIC MINUTES – JULY 29, 2009

| Daniel Brooks, President | | Location: Charleston Convention Center | | Michael Steward, Secretary- Treasurer |
|--------------------------|----------------------------------|---|--|---|
| TIME | PERSON RESPONSIBLE | TOPIC | DISCUSSION | ACTION/COMMENTS |
| 2:00PM | Danny Brooks, President (Dreher) | Meeting Called to Order | Expressed a concerned with hot topics and points of interests that have not been approved through the SCHSL. The SCTCCCA needs to find strategic ways to get items passed for the good of our kids. | Recommended Danny meet with each class principal group. |
| 2:01 | Danny Brooks | Officers Introduction | Danny acknowledged the following Vice Presidents: 1A Rodney Adamee (Christ Church), 2A Tony Colizzi (Bishop England), 3A Eric Cummings (Riverside) and 4A Glover Smiley (Spartanburg). Michael Steward, Secretary- Treasurer (Lower Richland) | |
| 2:02 | Danny Brooks | Pledge of Allegiance and Jack Van Deman | Asked coaches to keep Jack Van Deman (Cheraw) in their prayers, for he is struggling through some health issues. | |
| 2:03 | Tony Colizzi | Special Awards | Wayne Farmer (Allendale-Fairfax) received the NFHS Coaches Association 2008 Boys Track COY. John Blackmon (NSSF) received NFHS Officials Association 2008 OOO. | John Blackmon was selected as an official for the World Championship in Berlin. |
| 2:05 | Vice Presidents | Track COY Awards | 1A Boys-Wayne Framer (Allendale-Fairfax), 1A Girls-Eddie Dixon (Allendale-Fairfax), 2A-Boys & 2A-Girls-Tony Colizzi (Bishop England), 3A Girls-Rhett Moss (JL Mann), 3A Boys-Michael Steward (Lower Richland), 4A Girls-Brian Mincel (Dutch Fork) and 4A Boys-James McLendon (Wando) | |
| 2:07 | Danny Brooks | 2009 Asst. Track COY | Announced Rickey Griddine (Lower Richland) as the Assistant Track and Field Coach of the Year. | Award will be presented at the winter meeting. |
| 2:08 | Eric Cummings | SCTCCCA Coaches Hall of Fame Inductee | Rick Zeller (Wade Hampton) was recognized as the 2009 inductee into the SCTCCCA Coaches Hall of Fame. | Will be inducted at the 2009 Cross Country Championship |
| 2:10 | Glover Smiley | Special Recognition | Shay Rice has won six girls state titles at Spartanburg HS, and will be moving to Dorman High School as an Assistant Principal. | |
| 2:12 | Danny Brooks | NFHS Sectional COY 2008 | Announced Delmer Howell (Mauldin) as the NFSH 2008 Sectional Coach of the Year for girls cross country. | |
| 2:13 | Danny Brooks | Responding to Proposals | Encouraged improving communications between coaches to athletic directors and principals. Coaches need to be better informed on the issues and proposal of the association. If you are not on the email list, you can sign up through Jeff Buys (Dorman) at buysjs@spart6.org . | |

SCTCCA SUMMER CLINIC MINUTES – JULY 29, 2009

| | | | | |
|------|----------------------------|----------------------------------|--|---|
| 2:15 | Danny Brooks | Coaches Classic Host | The Coaches Classic host site is rotated around the state each year. Schools interested in hosting can submit a bid. West Ashley (Lower State) will host the 2010 SC Coaches Classic. The Coaches Classic will move to the Midlands 2011 and then Upper State 2012 | Date: March 27, 2010 Richard Luden, AD & Coach (843-573-1220) |
| 2:18 | Michael Steward | Summer clinic minutes and budget | The committee reviewed the budget report (12/31/08-7/26/09) and winter minutes (1/10/09). Ed Boehmke (Eastside) reminded coaches to review minutes, and provide any corrections. Minutes will be posted on www.scrunners.com and www.sctrackworld.us and emailed. | Minutes and Budget were approved unanimously. |
| 2:20 | Danny Brooks | Herlong Scholarship | Reminded coaches with college bound kids to apply for the Herlong Scholarship. The association donates funds to this scholarship. | Requirement 2.0 and Coach's child |
| 2:23 | John Jones (Spring Valley) | Practice Rule Proposal | Proposed changing the organized practice rule (Rules and Regulations Governing Contests –Paragraph E) by raising the number of people from three to eleven. The eleven athletes come from applying the 75% rule to the 14 individual events in track and field. Coaches were encouraged to sell this proposal to their principals and AD's. Glover Smiley recommended coaches sign a copy of the proposal and present it to their principal. | Approved unanimously (85) |
| 2:37 | John Jones | Certified PV/HJ Bungee | Proposed using a certified bungee for warm-ups in the pole vault and high jump for the state meet series. Reasons for using a bungee: 1) Prevents breakage of crossbars. 2) Ease athletes worry of landing on a bungee verses a crossbar. 3) Reduce warm up time by restricting bungee use to opening height. 4) Provides a reference point for vaulters. | Approved unanimously (85) Jerome Singleton, Pres. SCHSL will research why bungees were restricted. *NFHS note attached...BUNGEE APPROVED - News released July 7, 2009 |
| 2:39 | Jeff Buys (Dorman) | Allstate Criteria | Proposed Allstate recipients would come from all state champions (classes/events) and athletes meeting standards approved by the association. Standards criteria were derived by averaging 4A fourth and fifth places at the state meet. (See proposed standards attached) | Proposal failed with only a 43.5% (37 for/17 against) approval vote. 75 percent required |
| 3:18 | John Jones | New Allstate Proposal | Proposed recognizing top two state meet finishers in each class and event as Allstate athletes. | Proposal failed with only a 29.4% (25 for/16 against) approval vote. 75 percent required |

SCTCCCA SUMMER CLINIC MINUTES – JULY 29, 2009

| | | | | |
|------|-----------------------------|--|---|---|
| 3:21 | John Jones | Change State Track Meet Format | Proposed Track and Field in SC will determine the State Champions by single elimination, dual-meet tournament starting with the 2011 season. The top two teams from each region will qualify for the team State Championship playoffs. Each team may enter up to four contestants and one relay into each dual meet. Teams qualifying from each region will be decided by dual meet competition. One week after dual-meet championship, athletes will compete in an individual state championship based on qualifying marks. The dual-meet format will eliminate two-three athletes winning a championship. | Proposal failed with only a 26.5% (13 for/36 against) approval vote. |
| 3:32 | John Javis (Eau Claire) | 2A State Qualifier | Proposed the 2A schools go to a State Qualifier verses the present Lower State and Upper State meets. The goal is to get the top athletes to the state finals. | Approved with a 9 to 5 vote. The SCTCCCA will send proposal to SCHSL. |
| 3:43 | John Javis | Uniform Requirement Change | Recommended the SCTCCCA follows the National Federations Uniform Rule (4.3.1) that speed/body suits are allowable in track meet competition. | Proposal failed (18-24 vote) |
| 4:00 | Twon Williams (Berkeley) | New Business Concern 3-Turn Stagger | Asked why a three-turn stagger is not used in SC 1600m Relay. Ed Boehmke (Eastside) responded that most tracks are not mark for a three-turn stagger. John Jones recommended proposing this idea at the winter meeting. | |
| 4:03 | Danny Brooks | Closed Meeting | | Attendance: 85 |

NFHS 2010 Track and Field Rules Changes Announced

FOR IMMEDIATE RELEASE

Contact: Becky Oakes

BUNGEE USE W/PV&HJ

The committee made several changes affecting competitors in the vertical jumps. A modification to Rule 7-2-11 now allows the use of the previously prohibited bungee cord in place of the crossbar for warm-ups. The committee noted that the bungee cord must be approved by the games committee and must be manufactured specifically for use in track and field for this purpose. In addition, the bungee cord may only be used if the standards for the event are able to accommodate it. Rule 7-5-4 is also affected by this change. The committee added the phrase "or any other equipment which is not legal" to clarify this rule, regarding items not permitted in warm-ups.

PROPOSED ALLSTATE STANDARDS

BY JEFF BUYS (DORMAN)

| EVENTS | BOYS | GIRLS |
|---------------|-------------|--------------|
| 100M | 11.05 | 12.50 |
| 200M | 22.15 | 25.65 |
| 400M | 49.75 | 58.50 |
| 800M | 2:00.00 | 2:23.50 |
| 1600M | 4:32.00 | 5:26.00 |
| 3200M | 10:02.50 | 12:00.00 |
| 110MH/100MH | 15.10 | 15.70 |
| 400MH | 56.50 | 67.75 |
| 400M RELAY | 42.70 | 49.25 |
| 1600M RELAY | 3:25.00 | 4:04.00 |
| 3200M RELAY | 8:16.00 | 10:00.00 |
| HIGH JUMP | 6'2" | 5'2" |
| POLE VAULT | 13'6" | 10'0" |
| LONG JUMP | 21'8" | 17'5" |
| TRIPLE JUMP | 45'9" | 37'0" |
| SHOT PUT | 50'8" | 36'5" |
| DISCUS | 147'6" | 110'0" |