Date: 28 January, 1995

From: LF Sanders, Sec.-Tres., SCTCCCA To: Rut Dingle, President, SCTCCCA

Subject: Minutes of the Winter Clinic, SCHSL Office, Columbia, SC

- 10:08- President Dingle open the Winter Clinic of the SCTCCCA.

 He rquested a change in our constitution considering
 dues. Article 4 calls for a due of \$5.00. The change
 would read: "Dues will be set by the executive committee
 and approved by the membership."

 It was moved by Ted Whitaker(Hilton Head High) and
 2nd by Tim Vaughn(S. Florence High). It pass.
- 10:11- Minutes and the treasurers report. We have in our account \$3600.00. It was moved by Bob Jenkins(Northwestern High) to accept. Coach Whitaker 2nd. It pass.
- 10:15- David Pratt(Straford High) gave out info on the Nike Track Coaches Clinic at Charleston Southern University.
- 10:20- Coach Jenkins gave a short discussion on a performance survey conducted by Greg Dale, Ph.D, Winthrop University.
- 10:22- President Dingle gave a review of the past cross country season. It seems that the future of Ft. Jackson may be in jeopardy.
- 10:38- Jack LeGrand(Chapin High) did the report of the Shrine Bowl run. Jim Kilbreth(Spartanburg High) requested that we do something for the man from the Shiners-Everett S

 Coach Jenkins moved that we get an award. It was 2nd by Coach Whitaker. It pass.
- 10:45- Cross Country Coach of the Year Awards were given out.
 Boys' and Girls' 4A: Delmer Howell(Mauldin High);
 Boys' 3A: Willie Wooden(RIverside High); Girls' 3A:
 Chuck Parker(Hanna High); Boys' 2A: Jack LeGrand.
 A special award was given to Coach Jenkins for his service as our president.
- 11:05- Coach Sanders went over the new rule changes.
- 11:25- Coaches Classic Track Qualifying sites were discuss. It was moved by Mike Moore(Irmo High) to qualify 4 at each site 5 will qualify at Eastside and Spring Valley. It was 2nd by Coach Vaughn. It pass.

 Coach Moore, Steve Wilson(Summerville High), and Coach Ed Boehmke(Eastside High) are a committee to study a one day meet. They will report back to the association in July. It was moved by Coach Whitaker to run the 4x800m Relay and run it as the 2nd running event(for those of you who are rocket scientists= that's after the 4x100m relay).
- 11:50- President Dingle went over the current years' invites.
- 11:57- Coach Parker gave an interesting program on training for the 400m hurdles. Remember, the term "intermediate" refers to a hurdle height, not a distance.
- 12:41- President Dingle adjourn the meeting.
 Submitted for your approval,
 January F. January