 2017 Palmetto Friendly

This is the **1st Annual Palmetto Invitational Cross Country** meet held at Palmetto High School.

DATE: Tuesday, August 29

TIMES: 5:30 PM – Varsity Girls (Limited to 10 runners please)

6:15 PM – Varsity Boys (Limited to 10 runners please)

6:45 PM – JV Girls & Boys

7:15 PM - Awards

COST: No Entry Fee!

AWARDS: Trophies given to the top team in each Varsity race.

Medals given to top 10 runners in each Varsity race.

Medals given to top 3 JV Girls and Boys.

COURSE: This is a 95% grass and trail course. It is a looped course that includes a 1/3 mile woods section and one short, but strenuous uphill section. The remainder of the loop is a gentle down-hill grassy area, and ending on the track. It will be well-marked, and both mile splits will be indicated and times called. It is located around the track facility behind Palmetto High School, Williamston, SC.

TIMING: The race will be timed by RaceTab and reported to scrunners.com. A copy of times will be made available for coaches before you leave and will also be emailed the following morning.

OTHER INFO: This is a great early season meet for all of your cross country athletes. We have SCHSL, SCISA, and Independent teams that plan to attend again in 2017.

TO ENTER: Contact Coach Micah Roberts by email at [RobertsM@anderson1.k12.sc.us](mailto:RobertsM@anderson1.k12.sc.us).